

DECISION FORM

To be sent to discipline@rugbyeurope.eu.



Particulars of offence	
Player's Name: Karl Fredrik Enstad	
Player's number: 4	
Player's union: Sweden	
Competition: Rugby Europe Men's 7s Trophy Series Makarska 2026	
Host Team (T1): Switzerland	Visiting Team (T2): Sweden
Venue: Gradski Sportski Centar, Markaska, Croatia	
Date of match: 06 June 2026	
Rules to apply: Regulation 17 World Rugby Handbook and RE Disciplinary Regulations	
Referee Name: Wissam Bamarra	
Plea: 1 st YC <input checked="" type="checkbox"/> Not Admitted 2 nd YC <input checked="" type="checkbox"/> Not Admitted	
Offence: <input type="checkbox"/> Red card <input type="checkbox"/> Citing <input checked="" type="checkbox"/> Other	
<i>If "Other" selected, please specify:</i> Accumulation of two YCs in the same match	
Hearing details	
Chairperson / JO: Mark Curran (Ireland)	
Other Members of the Disciplinary Panel: N/a	
Hearing date: 06 June 2026	
Hearing venue: Gradski Sportski Centar, Markaska, Croatia	
Appearance Player: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
Appearance Union: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
Player's Representative(s): Alex Laybourne	
Other attendees: N/a	
List of documents/ materials considered by the Panel: Referee Report YC x 2 Match footage	
Summary of essential elements of citing / Referee's report / Incident footage	
<p>The hearing has been convened as a result of the Player having been awarded two temporary suspensions (YCs) in the match against Switzerland. As a result of the two YCs, the Referee awarded the Player a RC following the issuing of the second YC on the field of play. The referee's reports on the two incidents leading to the temporary suspensions were: YC1 – Against Law 9.7b "Deliberate Knock On" 'Sweden No.4 knocks the ball over the hands of the ball carrier which goes forward – 2.42 mins into the first half; YC2 – against Law 9.13 – "Dangerous tackle" –second half.</p> <p>The live footage of the YC1 incident shows the Player entering the ruck and contesting for the ball. The Player then knocks the ball out of the Swiss scrumhalf's hand. The ball travels backwards then appears to make contact with the back of another Swiss player on the ground.</p> <p>The live footage of the YC2 incident shows the Player tackling the ball carrier high with head on head contact. The referee awards the Player a 2nd YC. The referee awarded the Player a RC following the issuing of the second YC on the field of play.</p>	

Essential elements of other evidence (e.g. medical reports)

N/a

Summary of player's evidence

In respect of YC1, the Player denied that the ball had gone forward from his hands. In respect of YC2, the Player admitted that an act of foul play had occurred but denied that it amounted to a YC due to mitigating factors of low force and the late step.

Findings of fact

The live footage of the YC1 incident shows the Player entering the ruck and contesting for the ball. The Player then makes contact with the Swiss scrumhalf knocking the ball out of his hand. The ball travels backwards before appearing to make contact with the back of Swiss player on the ground. There is no deliberate knock on from the Player.

In respect of YC2, there is moderate force in the tackle and the replay demonstrates head-to-head contact. There is relevant mitigation in that the Player attempts to wrap his arms and there is a late step by Swiss Player which precedes the contact. YC2 is therefore upheld as an act of foul play has occurred which warrants a YC.

Decision

Yellow Card 1 Not Proven Yellow Card 2 Proven

SANCTIONING PROCESS

SANCTION

NOTE: Players ordered off or cited by a citing commissioner are provisionally suspended pending the hearing of their case, such suspension should be taken into consideration when sanctioning – RE Discipline Regulations 4.1.4 / 4.4 (or equivalent Tournament rule)

Total sanction: 1 st YC dismissed so RC overturned. The 2 nd YC remains on Player record for the remainder of the tournament	<input type="checkbox"/> Sending off sufficient
Sanction commences:	
Sanction concludes:	
Matches/ tournaments included in sanction:	
Costs: N/a	

Signature
Name of the JO or Chairman: Mark Curran (Ireland)
Date: 06/06/26
Signature (JO or Chairman): <i>Mark Curran</i>

NOTE: You have 48 hours from notification of the decision of the chairman/jo to lodge an appeal with the tournament director – RE Discipline Regulations 4.1.5 (or equivalent Tournament rule)